

# Can I Really Get Started in Just 2 Weeks?

Absolutely! Many times, we've seen WISDOM Coaches complete their certification and run their first workshop or coach their first client within just a few short weeks.

## What will it take?

Coaches who accelerate their certification **tend to have a background in life coaching, education** (with a strong interest in growth mindset and social emotional learning), or **counseling/therapy**, so they are already familiar with mindset training and personal development concepts.

The certification process involves reviewing *The Adventures in Wisdom Life Coaching Program for Kids Curriculum* and completing a certification test.



(You can reference your materials and take as much time as you need when taking your test).

The initial review takes about 18 to 24 hours to go through the curriculum and see the wealth of information that you will be using to bring life coaching to children.

You will get to know the curriculum at a deeper level as you prepare your workshops and/or coaching packages and start working with children.

## STORY Coaching Process Guides You

The curriculum and STORY Coaching process guides your work with children.

As a coach, your role is to provide an emotionally safe space for children, to deeply listen to children, to help provide a foundation of learning about each skill through the stories, and to support children in applying these skills to their own lives through the child-friendly discussion questions and activities.

It's your personal connection that turns information into transformation for children. It's extremely powerful and WISDOM Coaches often get results with children from the very first session.

## Jumpstarting Your Coaching

### Step 1:

Use the intake forms for children and parents to identify skills to work on first

### Step 2:

Use the Coaching Package Templates and Spot Coaching Document to structure your coaching services

### Step 3:

Follow the STORY Coaching Process

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